

4-H Rite of Passage

Culturally appropriate rites of passage from adolescence into adulthood are critically important. Without accepted and honored ceremonies, adolescents are initiating each other into adulthood using the symbols of "maturity" that they see as the privilege of adults around them: alcohol, drugs, violence, sex.

4-H in Washington State offers an alternative--a culturally appropriate rite of passage through a vision fast in the wilderness. We prepare initiates for as much as a 3-day fast alone without shelter or company in the natural world. The vision fast process for participants involves 3 phases:

- severance from the world that they know and will leave behind,
- threshold or time alone, and
- Incorporation into their new life and life status as an adult.

The benefits of this work at the individual and cultural levels are many and include: self-knowledge (both strengths and weaknesses), leadership skills, self-esteem, self-confidence, sense of responsibility for self and community, fuller access to emotions, feelings and spirit, respect for self and others and a deep honoring of the natural world that supports us all.

Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.

4-H Rite of Passage
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Address Correction Required

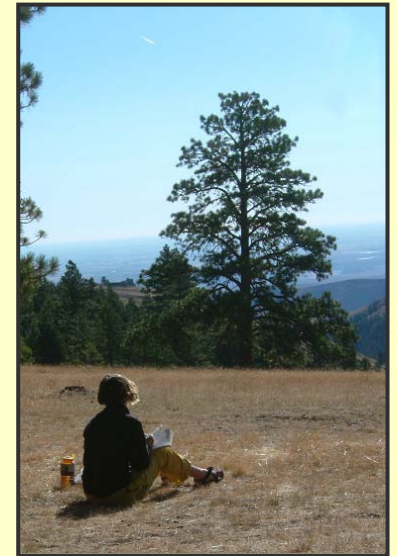
WASHINGTON STATE UNIVERSITY
KING COUNTY EXTENSION

2010 EVENTS!



4-H RITE OF PASSAGE:

*From adolescence
into adulthood*



*Dare to go alone into the
wilderness to affirm your
past and find your future.*

About 4-H and Rite of Passage

4-H is this nation's premier youth development program. It is based on developmentally appropriate practices and research-validated curriculums that promote life skills and core learning for competent, healthy maturing youth. 4-H RITE OF PASSAGE is a new addition to the WSU 4-H Challenge Program.

The 4-H RITE OF PASSAGE program was originally developed by The School of Lost Borders in California. For over 30 years they have provided vision fasts for youth and adults as well as training for future vision fast guides. The program is now available internationally.



TRAINERS AND GUIDES

LARRY HOBBS: Co-Trainer. Former Associate Director of School of Lost Borders, field biologist, psychotherapist and teacher/naturalist.

BETTE LU KRAUSE: Co-Trainer. Naturalist, artist, mariner, teacher and experienced Rite of Passage Guide.

SUE LERNER: 4-H Youth Development faculty WSU Extension, veteran classroom teacher and school district administrator.

LAUREN MARZILIANO: Outdoor Science teacher at Waskowitz Outdoor School, Highline School District.

MARK LAZICH: Licensed mental health counselor and educator specializing in personal development in the outdoors.

4-H Rite of Passage 2010 Schedule

4-H YOUTH RITE OF PASSAGE: Will be held at a wilderness location within driving distance from Seattle. Participants must be 15 or older. Special focus will be on youth preparing for post high school life. **May 8-15, 2010 and July 10-17, 2010.** *Registration deadlines are 1 month prior to each trip.*

Adult Leadership Training Program

To become a 4-H Rite of Passage Leader, one must complete 4 levels of training:

- **Level I Adult 4-H Rite of Passage Training:** Participants will train to lead 4-H Rites of Passage as well as experience their own 4-H Rite of Passage. To be held in a wilderness location within 3 hours drive from Seattle. **April 24-May 2, 2010.** *Registration deadline is April 15, 2010.*
- **Level II Basecamp Assistant:** (For those who have completed the Level I Training) to assist in a Youth Training or in Training Adults. **May 8-15, and July 10-17 2010.** *Registrations due 1 month prior to trip.*
- **Level III Mirroring for Intent and Empowerment:** Training in the art of mirroring for those who have completed the Level I Training. **Jan 15-17, 2010.**
- **Level IV Co-Leader:** With an experienced 4-H Rite of Passage guide, take full responsibility for planning and leading a 4-H Rite of Passage trip for youth or adults. (Must have completed Levels I, II, and III) Call for further information (206) 205-3152.

Registration Information

<input type="checkbox"/>	4-H RITE OF PASSAGE For Youth (includes handbook)	\$75
<input type="checkbox"/>	Level I Training: 4-H ADULT RITE OF PASSAGE (includes youth handbook)	\$350
<input type="checkbox"/>	Level II Training: 4-H Rite of Passage Basecamp Assistant	\$175
<input type="checkbox"/>	Level IV Training: Co-Leading 4-H Rite of Passage	\$175
<input type="checkbox"/>	4-H RITE OF PASSAGE YOUTH OR ADULT HANDBOOK purchased separately	\$15

New! CEU's and Clock Hours available upon request. *Scholarships available. Call for further information.*

Suggested Reading List:

Foster, Steven & Little, Meredith (1997) The Roaring of the Sacred River. Lost Borders Press. Big Pine, CA. *for guides

Foster, Steven & Little, Meredith (1992) The Book of the Vision Quest: Personal Transformation in the Wilderness, Simon & Schuster Fireside Book.

Mahdi, LC., Foster, Steven & Little, Meredith (1987) Between & Between: Patterns of Masculine and Feminine Initiation. Open Court Publishing. La Salle, IL.

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